



Community Support

The Banyule Men's Shed West Heidelberg is a member of the Victorian Men's Shed Association

The Banyule Men's Shed operates as a volunteer directed community project with support from community based organizations who have agreed to work together for the benefit of the Banyule Community

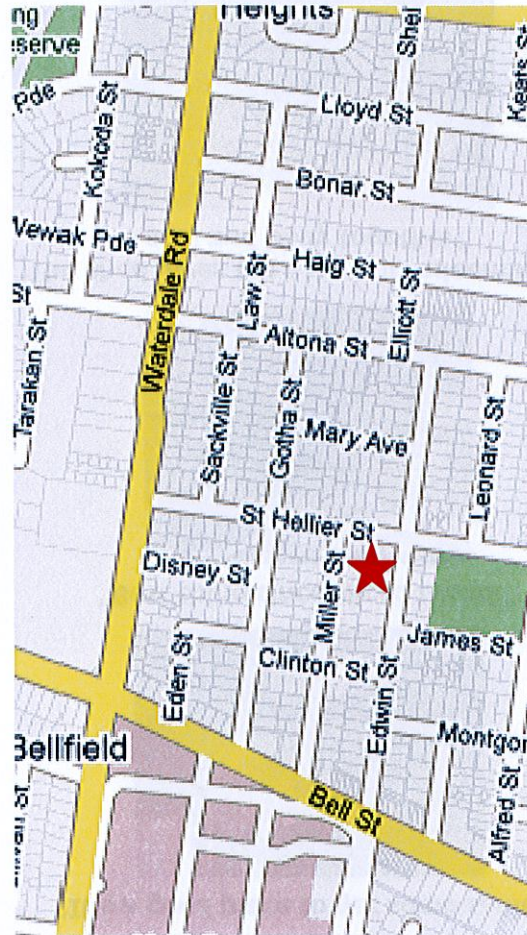


Banyule
CITY COUNCIL



BANYULE
Community Health

Where are we?



**Cnr St Hellier and Edwin
Street, West Heidelberg
Phone: 03 9450 2000**



BANYULE
Men's Shed

**Men's health!
Matters**

**To get involved call:
Tel: 9450 2000 or drop in
any Monday: 1.00 – 3.00**

The Men's Shed Story....

Many men enjoy tinkering in their own shed. They don't have to make something or fix something, they can just while away the hours in solitary bliss or have their mates around to discuss football or do what they like how they like.

In recent years it has been obvious that men with sheds enjoyed greater sense of well-being than those without so the idea of the community shed was born.

A community Men's Shed is a place where men can come and tinker or be involved in projects or just come and see what's happening.

If you have skills - you can share them with others or you can learn new skills. You can work on your own projects or you can help others work on community projects.

A Men's Shed is a great place to meet new friends, this is particularly important for those who are otherwise isolated through unemployment or loss of a partner or friends.

What the men say:



"It's a good place to get some sanity"



"Best thing since sliced bread!"



"The shed gives me a way of redeeming my soul and body together"



"A place to socialize and participate in something worthwhile"

Objectives:

The objectives of the Men's Shed are to:

- Be a place for nurturing mateship and creating a sense of belonging
- Have a structured program for advancing men's health and well being
- Develop a positive and participative culture among its members
- Be financially viable and sustainable
- Be well connected to the community
- Be a valuable asset in the community, respected and supported
- Have an appropriate organisational structure that is broadly based and provides for good governance.